

Name: \_\_\_\_\_



### Know your Classmates (from A to Z) Identity Worksheet

Directions: Choose an identity question you are willing to answer about yourself and share it with someone new. Partner up and take turns listening and asking questions, then reiterate your partner’s response using the sentence “What I heard you say was…”

- A. Tell your partner about a memory you have from when you were younger in which you felt like you were your happiest. How has this shaped your identity (who you are)?
- B. Tell your partner about a memory you have from when you were younger in which you felt like you weren’t understood. How has this shaped your identity (who you are)?
- C. How do your friends perceive (see) you? What parts of their perception are correct and what parts of their perception are missing? How does this shape your identity (who you are)?
- D. What is one thing you wish someone knew that they can’t tell by looking at you? How does this shape your identity (who you are)?
- E. Do the things you wear reflect the way you see yourself or the way you want others to see you? Explain. How does this shape your identity (who you are)?
- F. Have you ever been self-conscious about your physical appearance? What is one thing that you love about your physical appearance? How does this shape your identity (who you are)?
- G. What are a few of the traditions in your family that you enjoy the most? Tell your partner about them and why you enjoy them. How does this shape your identity (who you are)?
- H. What is a way that your family shows love to one another? How does this shape your identity (who you are)?
- I. What is an experience you have had with someone who might identify as a different race from you? What happened, and how did you feel? How does this shape your identity (who you are)?
- J. Have you ever had to think about the color of your skin? What has your experience been? How does this shape your identity (who you are)?
- K. Where do your ancestors come from? What are your thoughts and feelings about that land? How does this shape your identity (who you are)?
- L. If someone asks you where you are from, what would you say? How would you feel? How does this shape your identity (who you are)?
- M. Do you identify with the term American? Why or why not? How does this shape your identity (who you are)?

- N. Have you ever thought about your gender? What is something that you do, or participate in, that you think is inspired by your gender (girl, boy, trans, non-binary, gender queer). How has participating in this activity shaped your identity (who you are)?
- O. Share a moment in your past in which you were aware of your gender (girl, boy, trans, non-binary, gender queer). How did you feel? How has this shaped your identity (who you are)?
- P. Have you ever thought about your sexuality? Do you have someone in your family who identifies as straight, gay or queer? How has your relationship with them shaped your identity (who you are)?
- Q. Have you ever been worried or concerned about how much money you have or your parents have? Share an experience with your partner and tell them how you felt? How does this shape your identity (who you are)?
- R. Think about one religious tradition or practice you have that you love and are proud of and share the experience with your partner. How do you think this tradition or practice has shaped your identity?
- S. Have you ever felt like your religion has been misunderstood by others? Tell your partner about the experience and how you felt. How does this shape your identity (who you are)?
- T. Are you or do you know anyone who has a disability? What is your experience or what is your experience of knowing them? How has this shaped your identity?
- U. Are you or do you know anyone who has learning differences? What is your experience or what is your experience of knowing them? How has this shaped your identity?
- V. What does your family look like? Is it the same or different than other people you know? How do you feel about what your family looks like? How does this shape your identity (who you are)?
- W. What is your role in your family? What are your relationships like with other family members and what are your family responsibilities? Share an experience with your partner. How does this shape your identity (who you are)?
- X. How do you learn? Do you learn similarly or differently than others? Share an example of how you learn. How has learning in that way shaped your identity (who you are)?
- Y. Have you ever felt like someone didn't understand what you were saying? Explain your experience and how you felt. How does this shape your identity (who you are)?
- Z. Do you speak more than one language? Share both a positive memory and perhaps a challenge you have faced because of language. How has that shaped your identity (who you are)?